

**Examples of
Over-the-Counter Medical Expense Reimbursements
Through Healthcare FSAs
IRS Rev. Rul. 2003 – 102, September 3, 2003**

The below list is not intended to be all-inclusive, but is rather to answer frequently-asked questions. This list is subject to change per IRS rulings or interpretation changes. If you have further questions, please contact Aetna FSA Member Services at 1-888-238-6226.

Reimbursable Expenses relating to Medical Care

Medical Care	Eligible for Reimbursement
Cold medicines, such as tablets, syrups, drops and lozenges	
Analgesics, such as Fever and Pain Reducers like Aspirin, Tylenol, Ibuprofen	
Antacids and Heartburn Relief, such as Alka-Seltzer, Mylanta, and Milk of Magnesia	
Stomach & Digestive Relief, such as Pepto-Bismol, Imodium, Colace, Lactaid	
Laxatives	
Eye care, such as contacts, saline solution, and lubricant eye drops	
Motion Sickness, such as Dramamine, patches, bracelets	
First Aid, such as heat wraps, compresses, bandages, tape, gauze dressing, adhesive pads, band aids, and pain relieving creams	
Joint Support Bandages and Hosiery, such as knee supports, elbow supports	
Arthritis Pain Relieving Creams	
Antibiotic ointments	
Anti-itch and hydrocortisone creams	
Allergy Relief, such as oral medications, nasal sprays, and patches	
Athlete's Foot treatment, such as nail and foot anti-fungal creams	
Wart removal medication	
Diabetes, such as glucose monitor and related equipment	
Blood pressure monitor and related equipment	
Cholesterol test equipment	
Vaporizers and humidifiers	
Urinary Pain Relief	
Smoking Cessation Relief, such as patches, gum	
Feminine care relating to treatment of vaginal infections	
Tooth & Mouth Pain Relief, such as Orajel, Anbesol	
Shampoo treatments relating to treatment of psoriasis, lice	
Eye patches	
Incontinence Products, such as Depends and Serenity pads	
Family Planning, such as pregnancy tests, condoms	

II. Not Reimbursable Expenses relating primarily to Good Health

<i>Merely Beneficial to Good Health</i>	<i>Exceptions</i>
Not Eligible for Reimbursement	(These are considered eligible for reimbursement as they relate primarily to medical care.)
Personal Hygiene, such as deodorant, soap, body powder, shaving cream and razors, feminine care and sanitary products	
Cosmetics, such as makeup, lipstick, Q-tips, cotton balls, baby oil	
Skin care, such as sun block, skin and body moisturizing lotion, lip balm, acne	
Hair care, such as hair color, shampoo, conditioner, brushes, and hair loss products like Rogaine	
Routine dental care, such as toothpaste, toothbrushes, dental floss, mouthwashes (including anti-bacterial mouthwash and fluoride rinses), breath strips, teeth whitening	
Denture care, such as denture cleansers and denture adhesive creams	
Nail care & personal grooming, such as scissors, nail files	
Vitamins	Vitamins prescribed at the direction of a doctor. A physician statement is required.
Nutritional and Dietary Supplements, such as bars, milkshakes, power drinks, Pedialyte	Supplements prescribed at the direction of a doctor. A physician statement is required.
Weight Reduction aids, such as Slimfast, appetite suppressants	Weight reduction products prescribed at the direction of a doctor. A physician statement is required.
Sleep aids, such as oral medications, snoring strips	Sleep aids prescribed at the direction of a doctor. A physician statement is required.